

A guide of what to expect – no week is the same, the programme varies to include local festivals and events, and our host's schedules:

Week one

Saturday

Guests collected from Rome Fiumicino Airport and taken directly to Agnone

17.00 Arrive in Agnone, taken to individual B&Bs

18.30 Welcome drinks and orientation

19.30 Supper

Sunday

09.00 Breakfast

10.30 Meet and chat with the teachers to be evaluated for classes

12.00 Visit Agnone's *centro storico*, discover some of the history

13.30 Lunch outside Agnone in an Agriturismo

19.30 free evening

Monday to Friday

10.00 – 13.00 Lessons with coffee break in groups of 3-6 people

Lunch, rest period, and study time

17.30 – 19.00 Monday, Wednesday and Friday: talk, visit, cooking or lecture

Tuesday, Thursday: individual conversation classes (*extra*)

19.30/20.00 Dinner

21.00 One evening in the week – film in Italian with Italian subtitles

Week Two

Saturday

Walk in the countryside, cultural event, or visit to the Saturday market.

Late morning to a local home for cooking and conversation; preparing local dishes for lunch together with seasonal ingredients.

Free evening.

Sunday

11.30 visit to historical site: Pietrabbondante, Castello Pandone, a local festival, Campobasso, or the Samnite museum, etc.

14.00 Lunch in a countryside Agriturismo

17.30 film in Italian, with Italian subtitles

19.30 free evening

Monday to Friday

10.00 – 13.00 Lessons with coffee break in groups of 3-6 people

Lunch, rest period and study time

17.30 – 19.00 Monday, Wednesday and Friday: talk, visit, cooking or lecture

17.30 – 19.00 Tuesday, Thursday: individual conversation classes, *not included*

19.30/20.00 evening Dinner

21.00 One evening in the week – film in Italian with Italian subtitles

Saturday

Morning departures for Rome Fiumicino Airport